

## **Brief Biography – Dr. Jana Davidson**

Dr. Jana Davidson is Clinical Professor and Head of the Division of Child & Adolescent Psychiatry at the University of BC and Psychiatrist-in-Chief at BC Children's Hospital. She is co-founder, together with Keli Anderson, of the National Institute of Families for Child and Youth Mental Health and currently sits on the Board as a Founding member.

Born in Vancouver and raised in northeastern BC, Dr. Davidson completed her undergraduate (1985), graduate (1992), medical school (1996) and psychiatry residency (2001) training at the University of BC and her child and adolescent psychiatry fellowship (2002) at BC Children's Hospital and the Early Psychosis Intervention Program in Melbourne, Australia.

Through the course of her 16-year career Dr. Davidson has had the privilege of teaching medical students, residents and fellows and has been recognized for her excellence in teaching by the UBC Department of Psychiatry. In her role as Head of the Division of Child and Adolescent Psychiatry she has worked closely with the Psychiatry Undergraduate and Postgraduate training Directors at BC Children's Hospital and UBC.

Dr. Davidson is committed to providing high-quality and evidence-informed mental health care to children, youth and their families in rural and remote areas. In northern BC, she provides psychiatric telehealth consultations to 16 northern BC communities in a telehealth program that she initiated ten years ago.

In her leadership role at BC Children's Hospital she has supported the development of Compass, a provider support program for physicians and clinicians throughout BC, and she oversaw the development of an online platform "Learning Links: An Enhanced Learning Series in Child and Youth Mental Health" which the Doctors of BC launched in 2016 to support capacity building in physicians and clinicians working with children and youth that struggle with mental illness. Given the vast geography in Canada Dr. Davidson has strongly supported the development of online platforms such as [www.keltymentalhealth.ca](http://www.keltymentalhealth.ca) and [www.foundrybc.ca](http://www.foundrybc.ca) for children, youth, families and providers so that access to credible, evidence-informed information about mental health and substances is easily available regardless of where people live.

Her strong interest in learning resulted in the development of a research partnership at BC Children's Hospital investigating the metabolic sequelae of treating children and youth with second generation antipsychotics for which she was awarded the TRICEPS Award by the Department of Psychiatry at UBC. This research contributed to the development of the national CAMESA guidelines for metabolic monitoring of children and youth prescribed second generation antipsychotics.

In addition to this work, Dr. Davidson is actively involved in a number of provincial and national Boards, networks and committees. She is a past-president of the Association of Professors of Child and Adolescent Psychiatry Canada (2013-2015). She is delighted to return to the CACAP as its President as she very much enjoyed her time on the CACAP Board as the BC Regional Representative from 2005-2011.