

Dr. De Souza started her term as President of the Canadian Academy of Child and Adolescent Psychiatry in Sept 2020.

She is the Medical Director of the Consultation-Liaison Psychiatry Service at SickKids, and Project Investigator with the Research Institute. She is an Associate Professor in the Department of Psychiatry, University of Toronto (UofT). She is a board member of the Canadian Academy of Psychosomatic Medicine (CAPM). She is the founding chair of the Paediatric Consultation-Liaison Psychiatry in Canada network. She is a past President of the Medical Staff Association at SickKids.

At UofT, she earned a Bachelor of Science degree with high distinction, a medical degree with Honours and completed a Psychiatry residency. She has subspecialty certification in Child and Adolescent Psychiatry.

She has been involved with optimizing service delivery through programmatic changes and protocol development to improve care for children and adolescents with medical and psychiatric conditions, including those with somatization. She is collaborating on care pathways with colleagues in North America.

She is actively involved in education and has collaborated on courses in communication and clinician well-being. She has presented at local, national and international conferences as well as at family education days.

She received the CACAP Excellence in Education Award in 2017 and the Association for Academic Psychiatry Junior Faculty Award in 2012.