

Child & Youth Mental Health & Substance Use Community of Practice

March 6, 2020 (07:30 – 16:00)

Coast Coal Harbour Hotel – 1180 West Hastings Street, Vancouver
Coal Harbour Ballroom A

Goals for March 6, 2020

Provide participants with opportunities to:

- Formulate next steps in the operationalizing of Ministry of Mental Health and Addiction's *Pathway to Hope* strategy as it impacts practicing physicians and their patients.
- Assess practical opportunities to influence the establishment of child and youth teams, centres, and programs tagged as Priority Actions.
- Evaluate options to integrate child and youth mental health and substance use into the Primary Care Networks (PCNs) and Primary Healthcare Transformation.
- Summarize best practices in transitions between acute and community care for child and youth mental health and substance use.

About Our Speakers

Christine Vandebek

Founder of EFFECT Change Advisory, Christine Vandebek is working alongside the CYMHSU Physicians Community of Practice as a facilitator. Christine has a proven ability to unlock strategic thinking, and a 15-year track record of working with physicians in clinical research, quality improvement, and physician leadership development. Christine was the facilitator for the Fall 2018 and Spring 2019 CYMHSU CoP in-person gatherings in Vancouver.

CYMHSU Community of Practice Steering Committee

Dr Wilma Arruda (Pediatrician, Nanaimo), **Dr Matt Burkey** (Psychiatrist, Williams Lake), **Dr Matt Chow** (Psychiatrist, Vancouver), **Dr Rob Lehman** (Family Physician, Gibsons), **Dr Aven Poynter** (Pediatrician, Langley), **Dr David Smith** (Psychiatrist, Vernon), and **Dr Shirley Sze** (Family Physician, Kamloops) are members of the CYMHSU Physicians Community of Practice Steering Committee.

The three working groups of the CYMHSU Physicians CoP are chaired by the following CoP members:

- 1) Substance Use Working Group (Dr David Smith),
- 2) Adverse Childhood Experiences (ACEs) Working Group (Dr Shirley Sze)
- 3) CYMHSU Care & Primary Care Networks Working Group (TBD)

We are pleased to also have the following presenters join us on March 6:

Dr Tyler Black, Child & Adolescent Psychiatrist, Vancouver

Dr Jana Davidson, Chief Medical Office, BC Children's Hospital & Sunny Hill Health Centre for Children BC Women's Hospital & Health Centre

Dr Quynh Doan, Investigator & Pediatric Emergency Physician, BC Children's Hospital

Nick Grant, Assistant Deputy Minister, Ministry of Mental Health & Addictions

Dr Jim Ketch, Family Physician, Kelowna

Joanne MacMillan, Director, Child & Youth Partnerships & Planning, Ministry of Mental Health & Addictions

Dr Kathleen Ross, President, Doctors of BC

Dr Carol-Ann Saari, Child & Adolescent Psychiatrist, Vancouver

Dr Kenneth Tupper, Director, Substance Use Prevention & Harm Reduction, Ministry of Health

Dr Linda Uyeda, Family Physician, Surrey-North Delta

Physicians who attend will be eligible for reimbursement for sessional time and expenses, according to the Shared Care Committee policy.

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AGENDA

MORNING

Friday, March 6, 2020

TIME	DESCRIPTION	SPEAKER(S)	ROOM
07:30 – 08:00	REGISTRATION & BREAKFAST		
08:00 – 08:35	Welcome	CYMHSU CoP Steering Committee Dr Kathleen Ross Dr Jana Davidson	Coal Harbour Ballroom A
08:35 – 08:45	Overview of the Day	Dr Matt Chow Christine Vandebeek	Coal Harbour Ballroom A
08:45 – 09:00	CYMHSU Updates Brief summary of activities since our May 2019 meeting, particularly related to the three identified focus areas.	Dr Matt Chow Dr Shirley Sze Dr Dave Smith	Coal Harbour Ballroom A
09:00 – 09:45	CYMHSU Resources Across the CoP Networking opportunity and summarizing the resources available throughout the province to support CYMHSU work.	Dr Matt Burkey Eileen Janel	Coal Harbour Ballroom A
09:45 – 10:00	BREAK		
10:00 – 11:00	MMHA's Pathway to Hope Strategy An overview of Government's ten-year vision and identifying opportunities for continued partnership in transforming mental health and addictions care in BC.	Mr Nick Grant Dr Matt Chow Dr Shirley Sze	Coal Harbour Ballroom A
11:00 – 11:15	BREAK		
11:15 – 12:15	Breakout Sessions Taking a deeper dive in a choice of 2 out of 3 sessions.		
Session 1.1	Crisis Care for Youth Assembling the provincial resources for CYMHSU support during acute crisis.	Hosts: Dr Matt Burkey & Dr Matt Chow Guest Speakers: Dr Tyler Black & Dr Quynh Doan	Grouse Room (4F)
Session 1.2	Adverse Childhood Experiences (ACEs) & Trauma-Informed Practice (TIP) Determining the strengths, weaknesses, opportunities, and threats to ACEs prevention and trauma-informed practice.	Hosts: Dr Wilma Arruda, Dr Rob Lehman, Dr Shirley Sze & Dr Linda Uyeda Guest Speakers: Dr Kenneth Tupper & Joanne MacMillan	Coal Harbour Ballroom A (3F)
Session 1.3	Substance Use Care Examining the challenges in addressing substance use issues in children and youth and their families.	Hosts: Dr Aven Poynter & Dr Dave Smith Guest Speakers: Dr Jim Ketch, Joanne MacMillan, Dr Carol-Ann Saari & Dr Kenneth Tupper	Coal Harbour Ballroom B (3F)

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AFTERNOON

Friday, March 6, 2020

12:15 – 13:00	LUNCH		
13:00 – 14:00	Breakout Sessions (Repeated) Taking a deeper dive in a choice of 2 out of 3 sessions.		
Session 2.1	Crisis Care for Youth Assembling the provincial resources for CYMHSU support during acute crisis.	Hosts: Dr Matt Burkey & Dr Matt Chow Guest Speakers: Dr Tyler Black & Dr Quynh Doan	Grouse Room (4F)
Session 2.2	Adverse Childhood Experiences (ACEs) & Trauma-Informed Practice (TIP) Determining the strengths, weaknesses, opportunities, and threats to ACEs prevention and trauma-informed practice.	Hosts: Dr Wilma Arruda, Dr Rob Lehman, Dr Shirley Sze & Dr Linda Uyeda Guest Speakers: Dr Kenneth Tupper & Joanne MacMillan	Coal Harbour Ballroom A (3F)
Session 2.3	Substance Use Care Examining the challenges in addressing substance use issues in children and youth and their families.	Hosts: Dr Aven Poynter & Dr Dave Smith Guest Speakers: Dr Jim Ketch, Joanne MacMillan, Dr Carol-Ann Saari & Dr Kenneth Tupper	Coal Harbour Ballroom B (3F)
14:00 – 14:15	BREAK		
14:15 – 15:50	Next Steps – Locally, Regionally, Provincially Operationalizing the Ministry of Mental Health & Addiction's <i>Pathway to Hope</i> strategy.	Christine Vandebek	Coal Harbour Ballroom A
15:50 – 16:00	Reflections Reflecting on our influence within our local communities and strengthening our commitment to the Community of Practice. Evaluations, Closing & Thank You	Dr Matt Chow Dr Rob Lehman	Coal Harbour Ballroom A

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