



## CACAP AWARDS

# Canadian Academy of Child & Adolescent Psychiatry 2022 Award Winners

The CACAP Executive would like to congratulate all the 2022 CACAP Award Winners. Please take the time to read the brief summaries of the accomplishments of these well deserving awardees in the following pages. We also invite you to consider submitting nominations for the 2023 CACAP Recognition Awards. Please see a list and description of all the awards at <https://www.cacap-acpea.org/explore/awards/>. The deadline for submissions is June 30, 2023 and should be emailed to Elizabeth Waite at [elizabeth.waite@cacap-acpea.org](mailto:elizabeth.waite@cacap-acpea.org) (indicate AWARDS in the subject line).

E. Lila Amirali MD, MMgmt(IMHL), FRCPC, FAPA  
President, Canadian Academy of Child & Adolescent Psychiatry

La direction de l'ACPEA souhaite féliciter tous les lauréats des prix de 2022 de l'ACPEA. Veuillez prendre le temps de lire, dans les pages suivantes, les brefs résumés des réalisations de ces lauréats bien méritants. Nous vous invitons également à songer à soumettre des candidatures aux Prix de reconnaissance 2023 de l'ACPEA. Veuillez consulter la liste et la description de tous les prix à l'adresse <https://www.cacap-acpea.org/explore/awards/>. L'échéancier pour les mises en candidature est le 30 juin 2023, qui doivent être envoyées par courriel à Elizabeth Waite à l'adresse [elizabeth.waite@cacap-acpea.org](mailto:elizabeth.waite@cacap-acpea.org) (indiquez PRIX dans l'objet de votre courriel).

E. Lila Amirali MD, MMgmt(IMHL), FRCPC, FAPA  
Présidente, Académie canadienne de psychiatrie de l'enfant et de l'adolescent

## CACAP SCIENTIFIC AWARDS

### Dr. Amy Gajaria

#### ***Dalhousie Award - Best Presentation by CACAP Full Member***

#### **An International Perspective on Care of Minoritized Children, Youth, and Families**



Amy Gajaria is a Child and Adolescent Psychiatrist at the Centre for Addiction and Mental Health working in Youth Urgent Care and with the Substance Abuse Program for African Canadian and Caribbean Youth (SAPACCY). She also provides outreach mental health care to Nunavut and to high needs communities in Toronto, Ontario. Dr. Gajaria is an Associate Scientist with the Margaret and Walter McCain Centre for Child, Youth, and Family Mental Health at the Centre for Addiction and Mental Health and the Associate Director of EDI, Education and Training, for the Department of Psychiatry at the University of Toronto. Her clinical, research, and creative professional activity interests align around a desire to improve mental healthcare for racialized children, youth, and families in Toronto through changes to practice and mental health care delivery.

## Dr. Kathleen Pajer and Dr. Hazen Gandy

### **Best Poster Presentation by a Full CACAP Member**

**Training Primary Care Physicians (PCPs) in the Delivery of Child and Youth Mental Health Care: Outcomes from the Project ECHO Model and Associations with Clinic Duration**



Dr. Kathleen Pajer, MD, MPH is a Professor of Psychiatry and until recently, was Chair of the uOttawa Department of Psychiatry and Chief of Psychiatry at CHEO. Currently Medical Director of the CHEO site in the SickKids-CHEO Precision Child Mental Health Initiative, she is also Clinical and Scientific Director of Project ECHO Ontario, Child and Youth Mental Health. Most of Dr. Pajer's career was spent in the US, where she was a clinician and scientist focusing on stress response system function in adolescent girls with behavioral disturbances. Recruited to Canada in 2011, first to Dalhousie University and then to uOttawa, Dr. Pajer has since worked primarily in medical administration, while shifting her research to find ways to improve child and youth mental healthcare.

Dr. Gandy is an Associate Professor in the Department of Psychiatry at University of Ottawa. He has been a staff psychiatrist at the Children's Hospital of Eastern Ontario for almost 30 years. His clinical areas of interest include Inpatient Psychiatry, Consultation-Liaison psychiatry and Eating Disorders. He is the Medical Director of the Eastern Hub-site of the Ontario Tele-mental Health Service for children and youth and a psychiatry specialist for CHEO's Project ECHO Child and Youth Mental Health.

## Dr. Jamil Jivraj

### **Best Presentation by CACAP Member-in-Training**

**Is Repetitive Transcranial Magnetic Stimulation (rTMS) Ready for Clinical Use as a Treatment Tool for Mental Health Targets in Children and Youth with ASD?**



Jamil Jivraj, M.D., M.Sc., is completing his final year of child and adolescent psychiatry subspecialty training at the University of Toronto and completed general psychiatry training and served as a chief resident at Cumming School of Medicine in Calgary, Alberta. Jamil is involved in clinical teaching and research. His most recent publication, "Is Repetitive Transcranial Magnetic Stimulation (rTMS) Ready for Clinical Use as a Treatment Tool for Mental Health Targets in Children and Youth?" was published in the JACAP. He recently contributed to a World Health Organization (WHO) policy brief on climate change and mental health. He is a board member of the CACAP, a member of the University of Toronto Residency Program Committee and an ambassador to the Canadian Medical Association.

Prior to medical school, Jamil obtained a Master's in Pediatrics at the University of Alberta. His CIHR-funded thesis work focused on improving the relevance of autism research through understanding the preferences of autistic individuals and caregivers in engaging in the research process.

Jamil has experience as Scientific Program Manager at Health Technology Assessment International. He has collaborated with the WHO to build capacity for evidence-based policymaking in developing countries. He has special interests in neurodevelopmental and eating disorders.

In his spare time, Jamil enjoys competing in triathlon events and skiing in the Canadian Rockies.

## Dr. Vincent Paquin

### **Best Poster Presentation by CACAP Member-in-Training**

#### **Longitudinal Associations Between Digital Media Use and Psychotic Experiences in Youth from the Community**



Vincent Paquin, MD, is a 4<sup>th</sup>-year psychiatry resident and MSc student in Mental Health at McGill University, Montréal. Originally from Trois-Rivières, he completed medical school at Université Laval in Québec City in 2019. Since

starting residency, Dr Paquin has authored over 16 publications, many of them on the epidemiology and clinical course of psychosis spectrum conditions. These projects have led him to explore the profound interactions between young persons' psychotic experiences, other mental health conditions, and their environments. Recognizing that the social lives of youth are increasingly framed and mediated by virtual spaces, Dr Paquin now aims to develop a research program that examines the risks and benefits of digital media for youth mental health. To this end, he employs epidemiological methods that attend to the multifaceted interactions between mental health, digital media use, and individual contexts that unfold over time and across diagnostic categories. In recognition of his research activities, he received the Outstanding Academic Award from his residency program and the Early Career Award from the Schizophrenia International Research Society. After completing his training, Dr Paquin plans on pursuing a career as clinician-investigator working with transitional age youth.

## CACAP RECOGNITION AWARDS



**Dr Gerald Gray**



**Dr. Raj Rasasingham**



**Dr. Laura Roasato**

## Dr. Gerald Gray

### **Certificate of Special Recognition**

Gerald Gray is a practicing Child and Adolescent Psychiatrist in Nova Scotia, having 40 years of experience working collaboratively with a variety of multidisciplinary teams in community and inpatient settings, as well as serving in a number of clinical leadership and teaching positions. Dr. Gray has an Assistant Professor position with Dalhousie University. He was Medical Director/Senior Physician

on the acute psychiatric inpatient unit at the IWK Health Centre from 2010-2015. Since 2015 he has worked with the Nova Scotia Health Authority as Chief of Psychiatry for the Western Zone and as an outpatient Child/Adolescent Psychiatrist in rural communities across the Western Zone - filling in for vacancies in Cape Breton, NS and Penticton, BC. As Chief of Psychiatry, he is responsible for quality reviews and quality improvement. He serves on the Provincial Leadership Team for Mental Health and Addictions overseeing the development and implementation

of a provincial strategic plan for delivery of MHA services across the province. Dr. Gray is dedicated to quality improvement and advancements in care for all Nova Scotia residents. He is a respected leader, known for his patient care lens when providing input into complex clinical, administrative and training issues.

## Dr. Raj Rasasingham

### ***Paul Steinhauer Award***

Raj Rasasingham is the Vice President of the Canadian Academy of Child and Adolescent Psychiatry. He has held numerous leadership roles in the past at the Academy and at the University of Toronto. He is Chair of the Advocacy Committee for CACAP, Chair of the Global Psychiatry Committee for CACAP, and in the past, he was Chair of the CACAP Conference Committee. He has collaborated with international and national colleagues in numerous workshops and policy statements on advocacy on various topics in mental health. He has also been on numerous policy committees at the national level in Canada. A life long advocate for children's mental health, he has used his expertise and efforts to advance system change in psychiatry.

Dr Rasasingham is also the National Chair of Continuous Professional Development (CPD) Directors in Canada and has been instrumental in advancing CPD nationally. He was awarded the Council on Psychiatric Continuing Education Award, Colin Woolf Continuing Education Award for Program Development and the Ivan Silver Award for Innovation. He is also co-principal investigator and collaborator

on numerous grants in post graduate and public education. Recently, he was made a Fellow of the American Psychiatric Association.

## Dr. Laura Rosato

### ***Excellence in Education Award***

Dr. Laura Rosato is a child and adolescent psychiatrist and associate professor in the Department of Psychiatry and Behavioral Neurosciences at McMaster University. She also serves as the Program Director for the Child Psychiatry Subspecialty Program and is the Assistant Associate Chair of Education in the Department of Psychiatry. Dr. Rosato's academic interests lie in medical education and curriculum development.

Dr. Rosato spearheaded the creation of an interdisciplinary problem-based learning (PBL) curriculum for child psychiatry subspecialty residents and child psychology residents. She was the faculty lead for a novel "Foundations in Psychiatry" curriculum which evolved into the Transition To Discipline Rotation for general psychiatry residents. Furthermore, she has collaborated with the University of Western child and adolescence psychiatry program on a reflection group for child psychiatry residents and is a participant in the National Seminar Series Planning Committee.

As a clinician educator, Dr. Rosato's teaching skills have been recognized by the postgraduate psychiatry residency program, and she was also awarded the CACAP Award for Best Poster Presentation for her assessment of the PBL curriculum in 2020. She was honored to receive the CACAP award for Excellence in Education in 2022.